

FAST | RECOVERY

■ **Patel was able to walk just 24 hrs of being operated for a shattered hip**

One step at a time for this 96-yr-old woman

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In a rare case, 96-year-old Nirmalaben Patel was able to walk just 24 hours within being operated for a shattered hip where her thigh bone was affected as well.

Ms Patel, a heart patient, was refused admission to three hospitals as her condition was critical. She collapsed while switching on the fan and hurt her hip ball, which allows a person to bend and twist the pelvis, along with the thigh bone.

The thigh bone supports running and walking. Additionally, her cardiac function (the volume of blood pumped into the heart per minute) was very low. "Cardiac output of a normal person varies from 60 to 100. When Ms Patel was admitted with us, her cardiac output was faltering at 35. Besides, her blood was thin as she was on medications, which was again a problem as it could have led to excess bleeding," said Dr Pradeep Bhosale, director of Arthritis and joint

replacement surgery, Nanavati hospital. Giving an insight into the case Dr Bhosale said that in these kind of cases, doctors generally treat with plate and screw and prevent full weight bearing for six months. "Hence it required a specialised reconstructive hip joint replacement to enable her to walk at the earliest."

"Even a delay of two to three days in surgery for such an advanced age, leads to further deterioration of the condition and morbidity."

ty." said Dr Bhosale. The operation was carried out taking all necessary precautions. "We took care of everything including her heart and blood. We carried a special reconstruction of her broken femur after the hip replacement. And now we are amazed to see the results," he said.

Punita Patel, Ms Patel's daughter-in-law said, "We never expected she would be able to walk. We are thankful to the doctor for taking up her case and making her walk again."



Nirmalaben Patel walks back to health, step by step